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PUBLIC INFORMATION STATEMENT
NATIONAL WEATHER SERVICE PORTLAND OR
400 AM MDT SAT OCT 9 2004

...ENJOY THE GREAT OUTDOORS IN THE PACIFIC NORTHWEST THIS
SEASON...BUT WATCH THE WEATHER...

THE NATIONAL WEATHER SERVICE ISSUES A VARIETY OF WINTER
WEATHER WATCHES...WARNINGS...AND ADVISORIES...COVERED
EARLIER DURING THIS WINTER WEATHER AWARENESS WEEK. SAFETY
TIPS WERE ALSO PASSED ALONG. ALWAYS CHECK THE LATEST
WEATHER FORECAST BEFORE HEADING OUT AND TAKE THE NATIONAL
WEATHER SERVICE'S WARNINGS SERIOUSLY.

BEFORE WINTER WEATHER THREATENS THIS SEASON...YOU SHOULD
PREPARE A WINTER SAFETY KIT FOR YOUR VEHICLES. IF YOU BECOME
STRANDED WITH YOUR VEHICLE...RUN THE MOTOR ABOUT TEN INUTES
EACH HOUR FOR HEAT...BUT KEEP THE WINDOW OPEN A LITTLE...AND
KEEP THE EXHAUST PIPE CLEAR TO AVOID CARBON MONOXIDE
POISONING. MAKE YOURSELF VISIBLE TO RESCUERS BY TURNING ON
YOUR DOME LIGHT AT NIGHT WHILE RUNNING THE MOTOR. TIE A
COLORED CLOTH TO THE DOOR HANDLE AND RAISE THE HOOD.

AVOID OVEREXERTION WHEN OUTDOORS. HEART ATTACKS CAN KILL
DURING AND AFTER STORMS...BECAUSE SHOVELING SNOW OR
FREEING STUCK VEHICLES CAN BE VERY STRESSFUL.

A VALUABLE COMPANION WHEN HEADING OUT THIS COLD SEASON IS A
BATTERY POWERED NOAA WEATHER RADIO...THE VOICE OF THE
NATIONAL WEATHER SERVICE. IT PROVIDES YOU WITH THE
LATEST WEATHER CONDITIONS AND FORECASTS. YOU CAN PURCHASE
THESE RADIOS AT YOUR LOCAL ELECTRONICS OR DEPARTMENT STORE
AND ALSO ON THE INTERNET.

FINALLY...IF YOU NEED MORE INFORMATION ON WINTER WEATHER
SAFETY...WINTER WEATHER BROCHURES...AND NOAA WEATHER
RADIO...PLEASE CALL YOUR NEAREST NATIONAL WEATHER
SERVICE OFFICE...

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BOISE	208-334-9861	www.wrh.noaa.gov/boise
MISSOULA	406-329-4840	www.wrh.noaa.gov/missoula
POCATELLO	208-233-0834	www.wrh.noaa.gov/pocatello

OREGON

MEDFORD	541-773-1067	www.wrh.noaa.gov/medford
PENDLETON	541-276-4493	www.wrh.noaa.gov/pendleton
PORTLAND	503-261-9246	www.wrh.noaa.gov/portland

WASHINGTON

SEATTLE	206-526-6087	www.wrh.noaa.gov/seattle
SPOKANE	509-244-6395	www.wrh.noaa.gov/spokane

THANK YOU FOR PARTICIPATING IN THIS YEARS WINTER WEATHER AWARENESS WEEK. WE HOPE THIS INFORMATION HAS BEEN BENEFICIAL FOR YOU.

THIS MESSAGE IS BROUGHT TO YOU BY YOUR LOCAL NATIONAL WEATHER SERVICE STAFF AND YOUR LOCAL AND STATE EMERGENCY MANAGEMENT OFFICIALS.

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